



Thank you to...

- Everyone that supported us through donating and regular giving
- All those that attended an event or sponsored challenge to raise funds for us
- Our amazing volunteers, for all their time and expertise
- All the charitable trusts and foundations that have supported us financially including: St Stephen's Church, Richmond Foundation, Hampton Fund, Kingston Charitable Foundation, City Bridge Trust, Sedel-Collings Foundation, The Dangoor Awards, National Lottery Awards and many more.



About Us

SEEN provides a safe space to support those facing unplanned pregnancy and baby loss, and we deliver healthy relationship and sex education to empower and nurture our community.

Our schools, prison and community work support these aims using teaching programmes covering self-esteem, healthy relationships and pregnancy education.



Michael Parker, Chair of Trustees

"As the Chair of SEEN, I am proud to have led our dedicated team of staff and volunteers into the charity's 25th anniversary year.

Over the years, SEEN has gone from strength to strength, and this milestone highlights the ongoing need for the vital support we provide. In this time, we have brought positive change to the lives of over 17,000 people.

Here's to the continued success of this important work, and may this support continue in the years to come."



ANNUAL REVIEW 2024

- 117** CLIENTS LISTENED TO
- 17** PRISONERS PARTICIPATED IN THE 'I AM' COURSE
- 332** YOUNG PEOPLE TAUGHT RSE
- 772** CLIENT SESSIONS FACILITATED
- 1,782** VOLUNTEER HOURS
- 17%** OF OUR CLIENTS ARE MALE
- 50%** INCREASED DEMAND FOR UNPLANNED PREGNANCIES
- 57%** INCREASED DEMAND FOR POST ABORTION SUPPORT

Highlights of 2024

- We celebrated our 25th anniversary with events including afternoon tea at Asgill House and a fantastic Dinner Dance at York House
- Five new student counsellors were recruited and trained
- Michael Parker joined as our new Chair of Trustees in March
- Ros Moody joined as a trustee, bringing a wealth of volunteering experience
- We launched a SEEN listening hub in the Greenwood Centre, Hampton Hill
- We recruited two new members of staff; Emma Lilwall - Prison Coordinator and Natalie Milne - Administrator

Testimonials

"The sessions were a space to work through the difficult time and provided ways to manage the grief. It was a comfort to have a time to open up and share which is invaluable in the healing process. Our listener was so kind, caring and full of compassion. I would highly recommend SEEN.

Post Abortion client, 2024

"When these things happen, even if you think you are fine, most likely you are not. Some things only come up with the process and for you to be able to deal with them accordingly, you need this program. Very helpful! I feel like I can move on..."

Male miscarriage client, July 2024



Thank you tea party, 21st September, Asgill House, Richmond

2025 Plans

- Following expansion of our activities and recruitment of new trustees, to continue a thorough review of the governance of the charity
- Recruit and train 3 new listeners
- Streamline and update digital processes for the listening service
- Appoint a second team member for the listening service
- Launch the 'I Am' project in the Richmond area

2025 Events

- **Spring Curry Night**
27th Feb, Sheesh Mahal, Twickenham
- **Swimathon**
10th May, Hampton Open Air Pool
- **Autumn Curry Night**
Date TBC, Twickenham
- **Christmas Film**
7th Dec, The Exchange, Twickenham
- **Christmas Craft Workshops**
Dates TBC, Patch, Twickenham